U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND **EMPLOYEE REPORT**

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

Fo	r Official Use Only
E	NIE-3500

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U 028-080	2. Fiscal Year Covered From:		
4930	01 / 01 / 2004 Through: 12 / 31 / 2004		
3. Name and address of person filing.	4. Name, file number, and address of labor organization.		
Name Richard W Milbrath	Name United Food and Commercial Workers		
	Labor Organization File Number 028-080		
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any Suite 755		
Street 9759 VALLEY FORGE LN	Street 505 North Hwy 169		
City Maple Grove	City Plymouth		
State MN. ZIP Code + 4 55365	9 State MN ZIP Code + 4 55441		
5. Position in labor organization.			
A. Held an interest in, engaged in transactions (including loans) with monetary value from an employer whose employees your organ			
Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.		
Name NA			
Trade Name, if any:			
DO Day Dide Boom No. Found			
P.O. Box, Bidg., Room No., if any	7.b. Amount.		
Street			
City			
State ZIP Code + 4			
Signature			
	ity of Perjury and other applicable penalties of the law, that all of the information npanying documents), has been examined by the signatory and is, to the best of the ne section on penalties in the instructions.)		
Signed R. Mlik	On 7/13/05 763-525-1500 Date Telephone Number		
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Name of Person Filing	File Number U-		
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.			
Name and address of Business (including trade name, if any).	9. Business deals with:		
Name NA			
Trade Name, if any:	a. Labor Organization		
P.O. Box, Bidg., Room No., if any	b. Trust		
Street	c. Employer		
City			
State ZIP Code + 4			
10. If 9.b, or 9.c. is checked give trust or employer's name.	11.a. Nature of such dealing.		
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street .	11.b. Approximate dollar value of such dealing.		
City .	12.a. Nature of interest held or income received.		
State ZIP Code + 4			
State			
	12 h Amount		
	12.b. Amount.		
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.			
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.		
Nama			
Trade Name, if any:			
P.O. Box, Bidg., Room No., if any			
Street			
City			
State ZIP Code + 4	The state of the s		
the second secon			
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.		